

Refresh Education



Alternative Provision 11-16 years



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School ethos

Our vision is to create an inclusive and nurturing environment where every student is empowered to reach their full potential. We believe that every child deserves access to a high-quality education that caters to their unique needs and fosters both academic and personal growth. Through tailored support, innovative teaching methods, and a holistic approach, we aim to unlock the potential within each student, helping them to overcome barriers and achieve success.

The ethos at Refresh Education is built on respect, understanding, and collaboration. We place a strong emphasis on building positive relationships and fostering a sense of belonging within our school community. Our dedicated staff work tirelessly to provide a safe, supportive, and stimulating environment where students feel valued and motivated to learn.

We strive to instill confidence, resilience, and a love of learning in our students, preparing them not only for academic success but also for life beyond school. By championing their strengths and addressing their challenges, we aim to equip our students with the skills, knowledge, and self-belief they need to navigate the complexities of the modern world.

At Refresh Education, we are passionate about making a difference in the lives of our students.

Our curriculum



English



KS3 aligns with National Curriculum following myths & legends, autobiographical works and short stories before moving onto Shakespeare and voices across space and time.

KS4 students prepare for their GCSE, including writing for different purposes, analysing texts and exam practice. All KS4 students will complete Functional Skills as an additional qualification

Maths



KS3 aligns with National Curriculum covering fractions, decimals, shape properties and equations before moving onto probability, graphical functions and formulae.

KS4 students prepare for GCSE, including vectors, pythagorus and ratio. All KS4 students will complete Functional Skills Maths as an additional qualification

Science



KS3 aligns with National Curriculum covering organisms and genes, genetics, ecosystems, life cycles, bio-diversity and the earths features.

KS4 students study Science through BTEC Health and Social Care, Sport & Animal Care, covering a range of biological aspects and medicinal interventions.

PE / Outdoor



KS3 students cover a range of individual and team sports including badminton, football and netball using local indoor facilities as well as 2 swimming sessions per term. Students will also participate in nature walks in the local area.

KS4 students study a range of sports including climbing wall, gym sessions and will have the choice of BTEC sport within years 10 and 11, where they will study nutrition and physiological attributes to exercise

Art



KS3 students will study a range of artists and artistic movements through the ages including Van Gogh and Monet - practicing techniques within their own work. The course is full of hands on lessons and practical activities including model making and design

KS4 students cover 3 main topics of super bugs, mark making and abstract art with mini projects completed by students throughout each term of years 10 & 11

Food Technology



KS3 & KS4 students study a range of cooking and baking techniques alongside practical activities twice per term. Students cover basic food hygiene and practical elements of budgeting, shopping and making family meals.

Students will have the opportunity to study nutrition and food groups alongside group work and independent practical sessions.

Our curriculum



Humanities



KS3 students will study a combined element of Religious Education, Geography and History on a rolling basis throughout the year. Students will cover topics such as WW1 & WW2, local area - including trips to the Lake District and surrounding areas. Within RS, students will explore a variety of cultural views and religious celebrations.

Topic



KS3 & KS4 Across the year our topic subject follows a range of world wide events and areas of interest including Egyptians, Rain Forests and The Olympics.

These topic subjects are linked with other subject areas across the National Curriculum and will allow students to participate in group projects, independent study and practical activities.

PSHE



KS3 Students will study key elements of PSHE curriculum including health and hygiene, online safety, budgeting, body image and LGBTQ+ communities.

KS4 students will strengthen their knowledge in this area by covering topics such as CSE, crime and deviance, online safety, British values and peer pressure.

Careers



KS4 students will begin to look at their next steps after education, including further education, higher education, employment, training and apprenticeships.

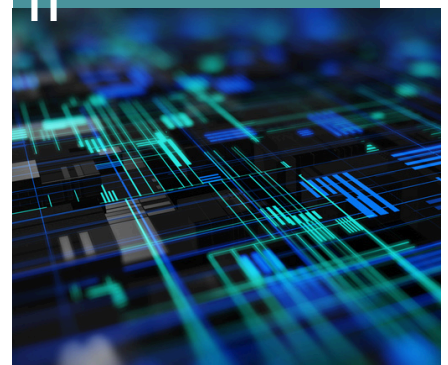
This course follows target setting and planning, revision sessions, work experience and volunteering opportunities alongside guest speakers and educational visits

BTEC



For **KS4** students only - a selection of BTEC Level 2 qualifications, including elements of work placement are available covering:
Health and Social Care
Business
Sport
Animal Care

IT



All students will cover a range of IT projects across the different subject areas, using IT to design and present work, working in collaboration with peers through project design and presenting to the class.

Students will learn basic algorithms and coding techniques through classroom based activities, as well online safety.



1 Partnership working

We work with local high schools and the Local Authority to ensure we meet the needs of the young people in our care. We have links with local PCSOs, Police, Social Care and CAMHS. We attend regular meetings and training to ensure our service is appropriate and in-line with our legislative duties.



2 Environment

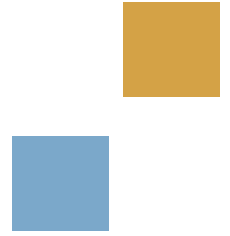
Our school is small and class sizes will not exceed 5 students per class. Our aim is for young people to thrive in a smaller environment with all of the elements of a traditional high school experience.



3 Transitions

As teachers, we are committed to the well-being and progress of all of our students. Our curriculum is designed to support students through their next steps regardless of their time with us. We support student's transitions back into mainstream where appropriate and provide a nurturing environment for those requiring respite.

School Life



School day

All students start the school day at 9am and finish at 12:30

Each day starts with English and Maths, followed by 2 further topics.

Breakfast and break time are included in the school day.

School meals

All students are provided with breakfast on every school day, this is free of charge. Students have access to a fully stocked kitchen during break time and at the end of the school day.

Extra-curricula activities

Our curriculum including a variety of off-site visits for PE / Outdoor education, educational visits and guest speakers.

Local sports facilities and our local area are used for physical exercise and fun sessions

SEN & SEMH

We welcome referrals for students with SEN and SEMH needs, but do not require an EHCP to join our school. Our staff are fully trained in working with students who present with challenging behaviour.

We support children and families through the EHCP process and connections with other services.

Transport

All students can apply for public transport support through their referring school or Local Authority including bus and train termly or annual passes. These will then be provided by the school.

Qualifications

All year 11 students will be entered for GCSE Maths and English.

All year 10 & 11 students will sit their Functional Skills exams for Maths and English. All year 10 & 11 students will choose a minimum of 2 level 2 BTEC qualifications to study alongside their GCSEs

Support

Our school follows a well-being programme and has strong links with local agencies and providers with whom we work closely with to provide a holistic experience for each child.

Safeguarding

Our team are fully committed to the safety and well-being of the young people in our care. All staff are trained and fully qualified, carrying enhanced DBS disclosures and Level 3 Safeguarding.

Student life



01

Tracking progress

Students begin school life with base-line assessments, which will be used to set SMART targets through their taught curriculum. Regular in-class assessments track students progress academically whilst IEP tools are used for SEMH targets in conjunction with any external agencies as required.



02

Extracurricular activities

Our students actively engage in various extracurricular activities, including local sports teams, national competitions and volunteering experiences. We engage in charity work and supporting our local community.



03

Reporting

Termly reports are sent home and weekly attendance and behaviour reports sent to referring schools and local authority are available. Bi-annual parents evenings alongside regular meetings for those requiring additional support. Additional reports available on request



04

Our team

Our staff are fully qualified teachers with over a decade of experience. We are fully trained in a variety of aspects of working with young people who express challenges and difficulties accessing mainstream education.



05

Academic excellence

Our mission is to ensure that all our young people leave school with recognised and valuable qualifications to ensure their future and next steps in either further education, employment, training or apprenticeships.

Admission & referral process



Admissions

Referrals can be completed through our website form or sent directly to info@refresh-ed.co.uk

We accept students aged between 11-16 years (years 7 - 11)

Students are not required to have an EHCP or SEN/SEMH diagnosis upon referral

Referral process



Step 1
Referral form submitted

We accept referrals from mainstream high schools, the Local Authority and direct family referrals. Our referral form and pricing can be found on our website or upon request through info@refresh-ed.co.uk.



Step 2
Initial contact to family

Our staff will contact the family to gain further information on the needs of the young person.



Step 3
Welcome visit

Students and families are invited in for a welcome session, to see our school and ask any further questions they may have - this is an opportunity to see if we are the right setting for the young person.



Step 4
Phased start

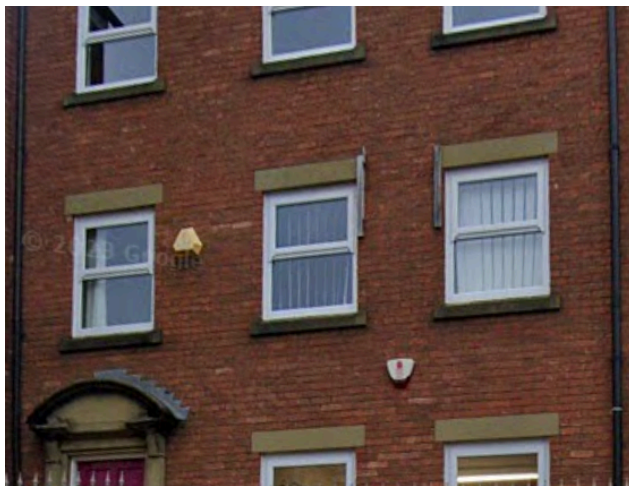
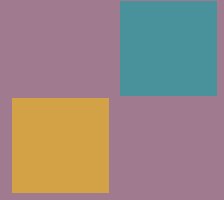
All students will be given a start date , followed by a 3 week settling-in period. Once this is reviewed the students will enrol full time with Refresh Education.



Step 5
Regular reviews

All students placements and progress are reviewed on a termly basis. Reports are available every term alongside meetings and regular updates.

School facilities



Academic facilities

Our school site is in the heart of Preston city centre, with excellent access to public transport and local facilities.

Our school is designed to feel welcoming and safe for our young people with access to small classes and excellent resources. Our physical education programme utilises the local facilities in our community and all young people have access to a bespoke curriculum tailored to meet the needs of our students.